



# Run Blue Red

## 5K Run/Walk and 1 Mile Fun Run Saturday ~ September 10, 2016 ~ 8 AM

**Location:** Shiloh Baptist Church; 717 Cleveland Road; Saraland, AL 36571

**Benefits:** Proceeds will be donated to the Saraland Police Department and Saraland Fire Department

**Course:** 5K run/walk course through the neighborhoods around Shiloh Baptist Church. The 1 mile run/walk will include 2 loops around the church on the sidewalk.

**Registration:** Register online at <https://runsignup.com/Race/AL/Saraland/RunBlueRed> until 4 AM September 7, by mail (entries should be postmarked by September 3), or in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on September 6. Early packet pick-up available at Shiloh Baptist Church on Wednesday, September 7 from 10 – 6 PM. Packet pick-up and race day registration at Shiloh Baptist Church from 6:30 AM – 7:45 AM.

<b>Entry Fees:</b>	<b>Early Bird (thru 8/19)</b>	<b>Pre-registration (8/20 – 9/7)</b>	<b>Race day (9/10)</b>
	Adults: \$25	Adults: \$30	Adults: \$30
	Children (5 – 12): \$10	Children (5 – 12): \$10	Children (5 – 12): \$10

**Awards:** Overall male & female, masters, grand masters, senior grand masters, veteran grand masters, 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> in age groups - 8 & under, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & above

**Shirts:** To guarantee a race shirt on race day, participants must be registered by September 6. Shirts while supply lasts after September 6.

**Post race party:** Food, beverages, and awards after the race.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_ City, State, and Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ DOB: \_\_\_\_\_ Email: \_\_\_\_\_

Event: 5K Fun Run T-shirt size: YS YM YL S M L XL XXL No Shirt

I know that running or walking a cross country race is a potentially hazardous activity that could cause injury or death. I should not enter the run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all inherent risk associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, the conditions of the trail, the conditions of the bridges, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, discharge, and release the Ryan's Angels, officers, and members, Shiloh Baptist Church, the City of Saraland, LRH Productions, all sponsors and volunteers from all claims or liabilities of any kind arising out of my participation in this event on September 10, 2016, even though that liability may arise out of negligence or carelessness on part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian must sign for participants under 19)

**Please make checks payable to:** Shiloh Baptist Church  
**Mail to:** Run Blue Red; Shiloh Baptist Church, 717 Cleveland Road; Saraland, AL 36571  
**For more information:** [www.ShilohSaraland.com](http://www.ShilohSaraland.com); 251.675.3587